

FEATURED Graduates

Bishop Sullivan CHS prides itself on reaching its mission of fostering values, nurturing intellect, and shaping character. Our hope is to affect each student in all three ways not only through our teaching but through mentoring, coaching, etc. For this year's Senior Spotlights, we asked the faculty and staff to nominate members of the class of 2009 who best portrayed our set of core values. Many were nominated including Michael Stolz, Denny O'Dowd, Katie Murphy, Eric Martin, Andrew Kozub, Kat Parker, Aundrea Glaubke, Drayton Blount, Marissa Welch, Bridget Scanlon, Mirielle McMillin, Nathan Destree, and Sean Watson. The seniors receiving the most nominations were Lauren Ciampoli, Caitlin Foley and Elena Gardiner.



LAUREN CIAMPOLI

Lauren Ciampoli fosters values every day through her service to the school, her church and her friends. Ask any teacher and in some way Lauren has contributed by volunteering for a committee, out of school activity, or just to help a faculty member with a computer program. This year's prom and fashion show, National Honor Society dances, and the Paladin each were impacted by Lauren. Attend Sunday mass at St. Pius X and you'll probably see Lauren as Eucharistic Minister. If your birthday is coming up, Lauren will not only remember but will probably bake you cupcakes (thanks to recipes seen on the Food Network) and, if you're lucky, throw you a surprise party.

Lauren is the oldest daughter of NCHS alumni Ronnie '72 and Debra '75. Ronnie works for Northrop Grumman and Debra works at Monarch Bank. She has a younger sister, Rachel who is currently attending St. Pius X. Her uncle, Gary, even taught at Norfolk Catholic.

Her willingness to serve comes from her mother and grandmother, who both happily entertain guests for different occasions. Lauren remembers helping her mother when she was growing up. When asked why she shares herself so much and so often for others, Lauren commented that she likes to be involved in the planning process. She enjoys having ownership over an event. The bonds and stories created while planning an event are some of her most memorable.

Lauren has truly enjoyed her time with the Drama department. After appearing in a number of plays both on stage and behind the scenes, she lists Moby Dick as her favorite production because of the great soundtrack, the cast, the field trip on the American Rover, and because of the adaptation of a long novel into an accessible play. She also participated in the Great Computer Challenge, was a member of the Fair Trade Club and played violin in the school band.

Looking back, Lauren lists Mrs. Green, Mrs. Baker, Mrs. Earles and Mr. Clarkson as a few of her favorite teachers. She can't imagine her high school years without volunteering and hopes she was a model to younger students. Lauren believes that one fosters values by 'taking what you learn and helping others reach that point, too.' She believes that by helping teachers, they can in turn better serve other students.

Lauren will be attending Old Dominion University in the fall and hopes to major in either business or communications. She hopes to be an event coordinator one day.

Thank you, Lauren for sharing your talents with Bishop Sullivan CHS. We hope your time here has served you well; we know our community is better because of you.